

# Home Safety Tips During #Coronavirus: **SENIORS**

*Falls are the #1 cause of injuries and deaths to seniors at home*



## Falls

- Keep stairs clear and well lit.
- Watch for slipping/tripping on area rugs, carpets and cords.
- Never climb ladders alone.



## Medication Poisoning

- Lock up medicines out of children's reach.
- Use child-resistant packaging *if* children may be around.
- Clearly label medicines to avoid mistakes.



## Fires

- Avoid wearing loose clothing while cooking. It can catch fire.
- Keep dangling sleeves away from stovetop.
- Stand by your pan. Don't leave kitchen while cooking.



USCPSC



NSN-08-042020

Tips by age group  
**CPSC.gov**

